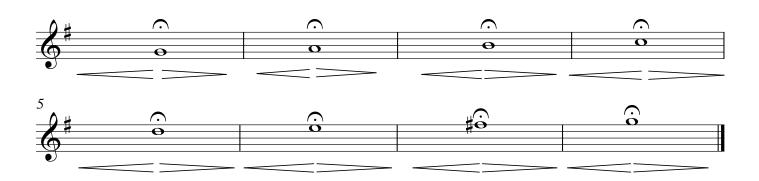
## Long Tones scalewise

Zac Johnson



Play each note for about 8 to 12 seconds. Always play with as clear and clean of a sound as you can (eliminate any spit in the sound). Support your sound by breathing from your diaphragm (stomach). Don't be in a hurry to get through this exercise! This exercise is meant to be played slowly with a pure, controlled, even sound.

Play each note by doing the following:

- 1. Take a big breath.
- 2. Start out by playing the note as softly as you can.
- 3. Slowly increase the volume (crescendo) until you reach your maximum volume, always keeping your tone even and controlled (never blasty).
- 4. Once at your maximum volume, gradually decrease the volume (decrescendo), and slowly let the sound get softer and softer until the sound stops.
- 5. Repeat steps 1-4 with every note.